

Science Assignment on 09/07/25

Portion: Ch 3: Health and Diseases

To be submitted on: 04/07/25



**DELHI PUBLIC SCHOOL
NERUL, NAVI MUMBAI
SESSION 2025 - 2026
CLASS V
SCIENCE PRACTICE ASSIGNMENT – 2**

Name:

Class/sec:

Roll No:

1. Fill in the blanks.

- a) The body's ability to fight diseases is called _____.
- b) A _____ is a disease outbreak that spreads across countries / continent and affects most of the people at the same time.

2. Give any two examples of -

- a) Life style diseases.
- b) Sources of roughage.

3. Physical activities are good for us. Explain.

4. Preeti is suffering from bleeding gums.

- a) Identify the disease.
- b) What is the cause of the disease?
- c) Suggest a remedy for the disease.

5. How do diseases spread through air? Explain with examples.

6. Fill in the following table.

NUTRIENT	FUNCTION	FOOD ITEM
<u>A</u>	Gives us energy and keeps us warm	<u>B</u>
Protein	<u>C</u>	<u>D</u>
<u>E</u>	<u>F</u>	Fruits and vegetables
